



THE ARROW



SUFFOLK ARCHERS AND BOWHUNTERS NEWS LETTER

Volume 1 Issue 22

Editor Jill Goeckner

FEBRUARY 2009

From the Editor-in-Chief

The Holidays are behind us, and we are already into Year 2009. The club elections resulted in a slight modification of the Board, with **Jeff Milano** moving from Board Member to Treasurer, and **Tommy Carrella** being elected to fill Jeff's seat on the Board. Farewell and many thanks to our former treasurer **Scott Raso**, who donated much of his time and effort to efficiently controlling our finances. Thanks also to each Club member for supporting the Board of Directors. We will continue to do our best to keep Suffolk Archers the great organization it has become.

Our membership has grown rapidly over the last few years, and the skill levels of our newer members vary widely from beginner to expert archer. I have noticed that quite a few of our older members have helped newer members become familiar with our facility, and in turn they have received a few "tips" from the new members. Observing this exchange has inspired the Field Archery Committee to offer a **Shooting Basics and Skills Clinic on March 15th, 9:00am** at the range for those members wishing to learn, and/or improve their skill and accuracy. In the spirit of camaraderie, sharing and pride in our organization, a number of our members, all of whom have enjoyed success as competitive archers, have volunteered their time and expertise to this event. Don't miss it!

Mother Nature threw us a curve ball this year, causing us to cancel our first **Snowflake Shoot**. The snow/ice coupled with prolonged sub-freezing temperatures, caused serious concerns about the safety of our members, and in the interest of everyone's well being, the shoot was cancelled. Luckily, this setback didn't really discourage our hardy Snowflake enthusiasts, as the delayed "opener" drew 74 shooters. In spite of having to endure the below freezing temperature, there was an atmosphere of camaraderie and enjoyment that appears to have become contagious among our members. In short, the event was another SA success, but not without a lot of hard work and planning by our **SNOWMEN** and Chef for the Day Jeff Milano. For those of you who haven't yet made it to the shoot, we are looking forward to having you join us soon.

Notification of event cancellations can now be found on our website Home Page in the "rolling" billboard in the bottom right corner. Check it out. While you are on the web site, also take a look in the Gallery at the new Hunter Gallery section.

Stay Safe,
Mike Jones, Editor-in-Chief

President's Message

Even though it is the dead of winter and snow covers the ground at the Suffolk Archers Archery Park, things are popping in a big way.

Those of you who attended the general membership meeting in August will recall the proposal and vote to build a new pavilion lodge that will satisfy the needs of our growing ranks in a more comfortable and appropriate fashion.

Since that time, architects and engineers have been busy designing the plans for our new lodge; applications for building permits have been submitted to the Town of Huntington and have been tentatively approved; and preliminary steps have been taken to make the building site ready for construction. In short, we are under way.

In the old days, when a man needed to build a house or raise a barn, his neighbors would come and lend their hands in a spirit of community.

It is with this same sense of community and Club "esprit de corps" that I now call upon those of you with skills and talents to lend your hands when it is time to begin the construction phase of our new pavilion. Together, as a club and as a community of archers, we will build a wonderful lodge for our own enjoyment now and the enjoyment of our friends and families for years to come.

Please do not feel bashful if you are not a carpenter or builder. In addition to experts, we need able-bodied, willing, enthusiastic helpers who are not afraid to invest their time and effort to help their Club achieve this important major improvement. Even if your own building skills are small or untested, don't be afraid to volunteer as you will be working under the watchful eye of highly skilled carpenters, contractors, electricians, plumbers and engineers who respond to this call to volunteer. They will guide you every step of the way.

This is an exciting chance to show your pride in Suffolk Archers in a way that will stand for generations to come. **Volunteers should contact me at 516 526-2661.** Together we can get this done with a great sense of pride in ourselves, our archery community and the brotherhood of the bow that has become a reality at Suffolk Archers.

Respectfully,
Joe Lupo, President

The Board Room

FROM THE TABLE

Interlopers that sneak onto our range must be denied access to arrows – good or broken – so they can't discard them on neighboring properties where they will be mistaken for arrows shot beyond our borders. Therefore, it is no longer acceptable to place broken or damaged arrows in the "open" garbage receptacles located on the club property. There is now a locked arrow disposal receptacle located by the steps to our practice range. Please dispose of all unusable arrows in this receptacle, or remove them from the property.

SPECIAL THANKS TO THE LOCAL ARCHERY SHOPS

Thanks to the six archery shops that teamed with Suffolk Archers to improve archery in our area. The growth in membership that we have enjoyed comes in part from the relationships we have established with six archery shops in the greater New York Area. We usually list them in alphabetical order. This time, just to balance the scales a bit, they are listed in reverse alphabetical order. Hats off to: **Smith Point Archery, Proline Archery, Queens Archery, Island Wide Archery, C&B Archery and American Outdoor Sports.** Each of these shops conspicuously displays the large, now-famous wall map, which illustrates the scope of our twenty acre archery park. They also hand out Club brochures and membership applications and sing our praises. We, in turn, give their referrals gift certificates for their shops, and send them new customers with gift certificates good at any of these shops.

All archery shops in Suffolk, Nassau and New York City were invited to participate in our program to improve archery. Some chose to ignore our invitation, but that invitation remains open and **interested shop owners can call 516 873-8898 to seek participation.** If your favorite shop is not participating, please ask them to join.

The net result of the Suffolk Archers Program to Improve Archery can be measured by how many new individuals and families we have introduced to archery and how many experienced archers we have motivated to shoot more often. Membership has grown from 120 in January 2007 to 340 in January 2009. That's a whopping 283% growth in member families and an amazing growth to perhaps 1,000 target archers and bowhunters when you count primary members, spouses and children. To Suffolk Archers that means more financial resources with which to improve the range and Club activities, and a more secure future. To participating dealers it means many more customers for the products and services they sell, and many more opportunities to treat Suffolk Archers members in very special ways. To members it means you have an ever improving place to shoot, meet friends and enjoy unprecedented quality archery experiences at a cost as low as 54 cents a day.

Please shop at our participating dealers, and thank them for their support!

Club News

2009 FIELD SHOOTS

Let's get ready for some Archery Fun in the Sun! This year we have scheduled 11 field shoots, and our Club Championship will take place on August 16th. There will be an additional field shoot following on September 6th to end our season. Check the calendar in this issue for the shoot schedule.

See you all on April 26th!
Field Committee

COACHING DAY

Is your hand positioned properly on the bow? Are your feet in the right place? Is your bow tuned for maximum performance? We have members in our club that are ready and willing to answer all questions that you may have. In 2009 we are providing the opportunity to have some of our club's best shooters assist you. So, come on down with your questions and be ready to learn.

March 15th will be the 1st Coaching Day prior to the start of our Field Archery Season. Check The Arrow and our web site for future dates and details.

See you at the range!
Jim Fream



2009 SUFFOLK ARCHERS CALENDAR OF EVENTS

GENERAL MEETINGS

All Members are invited to attend. Meetings start at 8pm and are held at the Amityville Club except for Meeting #3, to be held on June 17th at the Range (with surprise shoot).

- | | |
|--------------------|---|
| Wed. Feb 18 | Open Meeting #1 |
| Wed. Mar 18 | Member Meeting #2 |
| Wed. Jun 17 | Member Meeting #3 <u>at Range</u>
<i>Surprise Shooting Event</i> |
| Wed. Aug 19 | Member Meeting #4 |
| Wed. Oct 21 | Member Meeting #5
<i>Nominations for 2010 Officers & Board</i> |
| Wed. Dec 9 | Member Meeting #6
<i>Club Elections</i> |

WORKDAYS

At Range – Members Only – Starting Time 8 am

- | | |
|-------------|-------------------|
| Sun. Mar 22 | Range Work Day #1 |
| Sun. Mar 29 | Range Work Day #2 |
| Sun. Aug 30 | Range Work Day #3 |
| Sun. Dec 6 | Range Work Day #4 |

SNOWFLAKE LEAGUE

At Range – Members Only – Starting time 9am

Sun. Jan 18	Cancelled due to icy conditions
Sun. Jan 25	
Sun. Feb 1	
Sun. Feb 8	
Sun. Feb 15	
Sun. Feb 22	
Sun. Mar 1	BBQ
Sun. Mar 8	BBQ/Last Shoot Makeup (Only If Required)

TOURNAMENTS & EVENTS

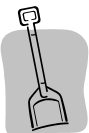
At Range – Starting Time 9 am

Sun. Mar 15	Archery Clinic
Sun. Mar 22	FIRST WORK DAY*
Sun. Mar 29	SECOND WORK DAY*
Sun. Apr 19	Turkey Shoot and Swap Meet
Sun. Apr 26	Field Shoot Opener
Sun. May 3	Field Shoot #2
Sun. May 17	Field Shoot #3
Sun. May 24	Field Shoot #4
Sat. May 31	Field Shoot #5
Sun. Jun 7	The Long Island Traditional (Long Bows & Recurves Only)
Sun. Jun 14	Field Shoot #6
Sun. July 5	Field Shoot #7
Sun. July 12	Knock-A-Block Stump Shoot (Traditional/Compound)
Sat. July 18	Raccoon Shoot #1 at Dusk
Sun. July 19	Field Shoot #8
Sun. Aug 2	Field Shoot #9
Sun. Aug 9	Field Shoot #10
Sun. Aug 16	Club Championship
Sun. Aug 23	Hunter Shoot
Sun. Aug 30	THIRD WORK DAY*
Sun. Sept 6	Last Field Shoot
Sat. Sept 12	Bowhunters/Rendezvous
Sun. Sept 13	Silver Arrow 3-D Shoot
Sat. Sept 26	Raccoon Shoot #2
Sun. Dec 6	FOURTH WORK DAY*

* NOTE: On work days, range may be closed until 5 PM for the safety of the work crew.

The above schedule may also be found on the Suffolk Archers website at <http://www.suffolkarchers.com> for future reference.

REMINDER: FIRST WORK DAY FOR 2009 SUNDAY, MARCH 22, 2009 AT THE RANGE — 8:00AM



Don't miss this chance to get a head start on your work credits, and help us get the range in top shape before the start of our major events season!



The Hunter's Pot

Beat off the winter chill with this fantastic slow cooker recipe — the ultimate in comfort food! This recipe was contributed by member Andrew Talamo.

Venison Loin Roast with Homemade Mashed Potatoes

Ingredients

- 2-3 lbs. Venison Loin Roast.
- 1 small bottle of Catalina salad dressing
- 8oz of water
- 1/2 cup of frozen peas
- 1 cup of sliced carrots
- 3-4 sweet potatoes, peeled and quartered
- 1 small can of chicken broth
- 1/4 stick of margarine or butter
- 1/2 teaspoon of salt
- dash of pepper
- dash of onion powder
- dash garlic powder
- 1 tbs of parsley

Directions For Roast

1. Add roast to crock pot.
2. Salt and pepper meat.
3. Add water.
4. Then add peas and carrots.
5. Add dressing.
6. Cover crock pot and turn on low for 10 -12 hours.

Directions For Mashed Potatoes

1. Place potatoes in a saucepan and cover with can of chicken stock and water. (Reserve the potato water when draining the potatoes if you would like to use it in place of butter or cream when mashing.)
2. Cover and bring to a boil; cook for 20-25 minutes or until very tender. Drain well.
3. Add milk, butter, or potato water, salt and pepper; onion and garlic powder, parsley.
4. Mash until light and fluffy. Serve warm with roast.

ATTENTION ALL CAMPFIRE CHEFS! The Arrow Editors are looking for members willing to share their favorite game recipes. Send in your recipe with your name, ingredients list and clear step-by-step instructions to jill@goecknerfamily.com.



The Hunters Lair

As winter closes in on us, the memories of this past hunting season are revisited many times with friends and family. We recall the great moments and successes — the shots that we should not have taken and, of course, and the misses that will haunt us for seasons to come. I hope you all had a great season!

With the unfolding of the new year, we look forward to the coming archery season at our range. Mark your calendar with the following event highlights, and be sure not to miss any of them!

The Bow Hunters Committee (BHC) will host our **2nd ANNUAL BOW HUNTERS' RENDEZVOUS** which will be held on Saturday, September 12, 2009. On the very next day (Sunday, September 13, 2009) we will also have our **SILVER ARROW SHOOT**, so don't miss this blockbuster weekend!



On April 19, 2009, we will hold our **2nd ANNUAL TURKEY SHOOT**. We elected to move the date up this year in order to enable all of our turkey hunters ample time to prepare themselves for the Spring Season that opens on May 1st. This year there will be BHC members available to advise and answer questions for those interested in becoming involved in pursuing the elusive birds. If you are already a hunter and have not tried to "bag" a bird, don't miss this opportunity to widen your horizons - you will be entering a whole new world! Turkey hunting is a very challenging sport with a shotgun, and even more challenging with a bow.

NOTE: Anyone that would like to help with the Bow Hunters Rendezvous or the Turkey Shoot, please call me (516 781-6710 or 516 754-3549. You might be thinking that it's kind of early to start working, but a lot of planning goes into orchestrating both of these major SA events, and we can definitely use your help!

Our **BIG BUCK, BIG DOE, AND BIG GAME CONTESTS** are coming to a close. Get your entries in — you never know who will win! Any harvests, including **BUCK, DOE, ELK, MOOSE, SHEEP, TURKEY, COYOTE, AND EVEN SMALL GAME** should also be reported to the BHC for special mentions. In addition, if there were any members who have just harvested their first deer with the bow, please pass your information to the BHC.

In closing, I would like to say that as your BHC Chairman, it has been a great year for me! The members that I have met and the new friendships that I have had the privilege to form have been very rewarding.

The members that took to the field for the first time with their bows had the time of their lives. I hope that this has happened to you! This is exactly what I want to accomplish as your BHC Chairman.

I believe wholeheartedly that Suffolk Archers is the best club of its kind. From the compound shooter to the traditionalist, from the bow hunter to the field archer, WE ARE ALL "SUFFOLK ARCHERS!"

Jack Di Girolamo, SA Bow Hunters Committee
Cell 516 781-6710 Home 516 754-3549
E-mail Jack at jackdee@aol.com



Suffolk Archers Deer Management Committee (SADMC)

Our annual open enrollment for the Suffolk Archers Deer Management Committee ("SADMC") is currently in progress. SADMC works with the DEC, metro communities and private landholders to generate bowhunting opportunities for SA members. We have approximately 850 Long Island acres in the program, with exclusive hunting rights on 250 acres under a year-round Nuisance Deer Permit.

SADMC has a 58 member limit, and nineteen positions have become available in 2009. In February, SADMC applications are being mailed to all members as part of the 2009 SA Membership Renewal Packet. There are thirty-nine members who participated in the 2008 program who will be automatically enrolled in the 2009 program and need not re-apply. Nineteen positions became available in 2009 due to members who did not participate in 2008; these 2008 members will not be automatically enrolled in the 2009 program and must re-apply. If you are interested in participating in this program, please send the application forms to our PO Box — **these must be postmarked by February 28, 2009 to be included for consideration.**

You must successfully submit your forms, pass your proficiency test, and participate in a walkthrough of one the properties to successfully apply to the program in 2009.



Participation in SADMC is free to club members. If you have any questions or comments regarding this program, please feel free to call Scott Raso at 516 449 8656.

2009 SADMC APPLICATION TIMELINE

February 7th: Applications for 2009 program go out.

February 15th (approximate): 2009 Permit received from the DEC, and mailed to the 39 individuals from 2008 being invited back in 2009. Those 39 can hunt Nuisance Permit properties beginning immediately, through December 31, 2009.

February 28th: Application deadline for the 19 open positions in the 2009 program.

March 9th: Interview/Proficiency Test Date #1 (9:00am at The Club).

March 15th: Archery Clinic, and Interview/Proficiency Test Date #2 (9:00am at The Club).

April 1st: Annual Dues Renewal Deadline. Individuals who are not members "in good standing" on this date are dropped from the application process.

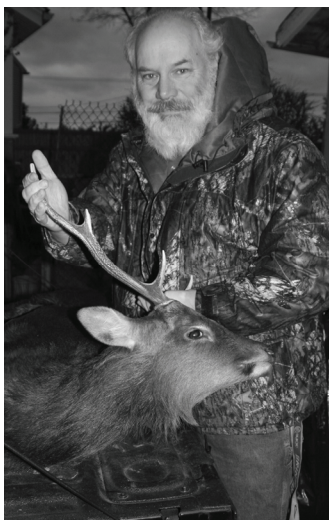
March 14th, March 28th, and April 4th: Saturdays at 9:00am - walkthroughs of our properties will be held. 2009 applicants must attend at least one to qualify.

April 4th: Lottery held to fill the 19 openings on the Permit. Those who successfully submitted their forms, passed their proficiency test, and have participated in a property walkthrough will qualify for the lottery. Request will then be made to the DEC to add the 2009 successful applicants to the Permit.

April 30th (approximate): Permits, armbands and parking passes are mailed to our 2009 successful applicants. Those selected can hunt Nuisance Permit properties through December 31, 2009.

October 1st (expected): SADMC members can hunt all other properties (those not under a Nuisance Permit) as part of the DEC's Long Island deer season.

Featured Photo



Bob Watterson with a Maryland Sika Deer harvest. Originally native to the Far East, the sika deer is a particular challenge for the skilled hunter, displaying very different survival strategies & escape tactics by using camouflage & concealment. In circumstances when other deer would ordinarily flee, Sika deer have been seen to squat and lie belly flat. Hunters have estimated that the sika's wariness and 'cleverness' makes it 3-4 times more difficult to bring to bag than native deer.

Source: Wikipedia.org

Tackle Tips

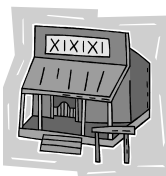
What is Arrow Spine? In short, arrow spine is how **stiff** an arrow shaft is.

Why is it important to know that? The "spine" of an arrow impacts on two things: flight and SAFETY. As your arrow leaves the shelf/rest, it absorbs most of the kinetic energy released by the limbs. The sudden stress of that energy release causes the arrow to flex/bend (also known as the Archer's Paradox) as it is propelled from the bow. Just how much the arrow bends is relative to the arrow's spine. Too stiff or too weak a spine will effect accuracy, and too weak can be a **danger** to yourself and/or equipment as well. An under-spined arrow may break during launch, or not absorb enough energy provided by the limbs causing damage to the limbs themselves.

Arrow manufacturers provide Spine Charts for their products so that arrows/shafts can be selected to "match" the particular bow from which they will be launched safely and accurately. Arrows/shafts today are crafted from various materials, each of which has its own properties that impact on spine.

Whatever media you choose, make sure the arrow spine matches your bow, and remember: wooden arrows should NEVER be used with a compound bow.

Stay safe and shoot straight,
Fletch



The Trading Post

2009 Newfoundland Bear Hunt, (2) Bears Gun or Bow

Date: June 8-12, 2009, **Cost:** \$2,300.

Contact: nick10men@verizon.net 516 433-0150

FOR SALE: 1 dozen vaned Easton Excell ST 400's, full length, inserts included, NIB, \$65.

Contact: BNCO55@aol.com 516 456-5829.

FOR SALE: Martin Hatfield T/D Recurve, AMO 62", #55@28", new Flemish String Mint condition, \$425.

Martin Altitude Compound, #60 @ 26", full set-up, \$400.
1Dozen Beman Woodygrain 500's, 28", 9.7 GPI. \$120.

Contact: Nick 516 241-5433.

WANTED: Used 4WD Quad ATV, and trailer. Also interested in the trailer alone, or Quad w/o trailer.

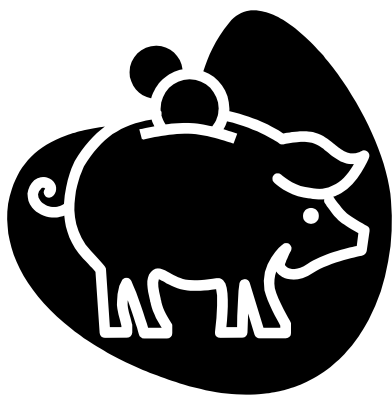
Contact: Scott 516 449-8656.

NOTICE TO MEMBERS: This space is always available for FREE to those members who wish to swap, trade, or sell their archery equipment and/or provide notice of upcoming hunts. Take advantage of this great advertising opportunity! If you'd like to submit an ad, please e-mail the details to jill@goecknerfamily.com.

The Arrow

PO Box 8087

Hicksville, NY 11802-8087



It's renewal time!

Your Dues 'R' Due

for 4/1/09 — 3/31/10 SA Fiscal Year

Dues must be received by Tuesday, March 31, 2009

Your 2009 Dues Packages should be in the mail shortly. Please sign and mail in the 2009 Dues Renewal Application in order to continue enjoying your Suffolk Archers membership for the 2009 archery season. We have a lot of exciting events and activities planned — don't miss the fun!

The club collects dues based on a fiscal year running from April 1 to March 31. If you did not complete your work commitment in 2008, an additional billing will be attached. This must be satisfied before your new 2009 Membership ID card will be issued.

The gate lock combination will change on April 1, 2009. All members must renew their annual dues by April 1, 2009, or lose access to the 20-acre facility and Suffolk Archers programs.

If you do not receive your dues package in the mail by February 20th, please e-mail info@suffolkarchers.com or visit the SA website and download the forms.

**REMINDER: THE FIRST TWO RANGE WORK DAYS OF 2009
WILL BE ON SUNDAY, MARCH 22, 2009 and SUNDAY, MARCH 29, 2009,**