From the Editors

The gradual wind down of the year always brings reflection upon the changes the past year has wrought. But why stop at just one year when turning the clock back? Recently I was flipping through some old back issues of the Arrow and thought it might be illuminating (not to mention a blast from the past!) to highlight how far this Club has come in the past 8 years.

“If that doesn’t illustrate for our members how much this Club has evolved, how about these statistics: in 2013, our membership reached 500 and there is presently a waiting list for prospective members. My how times have changed!” — Mike Rovonyak (12/2005)

Letter from the President

Well, here we are again. The leaves are coming down, and it is getting cold outside. Now is when I start thinking about the indoor leagues.

If you have never participated in a winter indoor league, they can be great fun. I think all the indoor ranges that support our club have winter leagues. They start just after New Year’s and run for 3 to 4 months generally. It is a great way to stay in good archery shape for the snow flake league and spring shoots. You avoid that uncomfortable period of getting back into it after not shooting for several months. If you like tournament shooting there are many indoor shoots all over upstate NY and New Jersey. You also have the NYFAB Sectionals that we can shoot right here at Smith Point Archery in Patchogue.

It is also the time of year when we elect our Board Members for next year. It is a rare and wonderful thing this year that we have so many people running for Board positions. For those who have served before, we owe them our thanks for what they have accomplished this past year. This has been a great year, filled with improvements to the property, fantastic shoots and great social events. For those hoping to start serving on the board in 2014, we also owe them many thanks. These are the people who the club can always count on to help and now they want to take an even more active role. It is said that 10% of the members will do 90% of the work. All the people running are certainly in that 10%.

It has been my pleasure to serve on the Board in 2012 and as President in 2013. I am sure that whoever is elected this year will help to make a great year in 2014.

— Jim Fream

Did you know? The Arrow was conceived by [late Club President & longtime dedicated Board member] Mike Jones in 2005, with that August featuring the first published issue.

“Specific noteworthy events...emarking Suffolk Archers’ exceptional year gone by, began at the start of the New Year with a record breaking participation in our Snowflake League leading the way to our regularly scheduled events enjoying similar success. Of noteworthy significance is the fact that club membership has surpassed 400. Our Workdays...provided us with resolution of the drainage problems that have plagued us for years, a new, unique & convenient access gate, construction of our new “Shooting Tower”...upgrading & repair of our 3D course. Receiving our CO from the Town has enabled us to hold...meetings here on our own property, eliminating our need to depend on a rented meeting place.” — Mike Jones (12/2010)

If that doesn’t illustrate for our members how much this Club has evolved, how about these statistics: in 2013, our membership reached 500 and there is presently a waiting list for prospective members. My how times have changed!

Happy Holidays from your Editors!
The new signage project for the 3D & KAB course is well under way. Currently the committee has worked out an updated course layout and they aim to implement it in the upcoming months.

One of our own members, Mark Suesser, has offered his skills and designed and cut out these beautiful engraved wood signs.

A reminder to all that we will have our last official workday of 2013 on Sunday December 8th. Those members who need to satisfy work for credit commitments please be at the club at 8:00 AM for coffee and bagels (hot chocolate and tea will also be available). Wear your work clothes and gloves. I guarantee a good time will be had by all.

Member Dennis Damiani and his crew have put the last touches onto the new kitchen/serving area that he has built for us. It now awaits the stainless steel counter tops to be installed. Well done Dennis, thank you very much.

New doors have been ordered to replace the screen doors on the east and west sides of the pavilion. This will be a welcome improvement as old man winter barrels down upon us. The new doors will help keep the wolf away.

Our new stove has been working to keep the chill away in the past few weeks. I remind you all that Pete and myself are giving tutorials on how to safely operate the stove. As many of you know, our first stove was destroyed by careless use. We cannot allow this to happen again. The door must be closed while the stove is burning. Do not overload the stove with wood. Put only hardwoods supplied by the club into the stove. Cardboard, plastic and paper should not be burned in the stove. If you do not know how to operate the equipment, please leave it alone.

I wish all of you and your families a very Happy Thanksgiving!
— Joe Lupo

Mike Klauber took this 9 point 185 lb. buck, his first buck with a bow, on opening day. Congratulations Mike!

Mike had helped Andy track this buck all summer and it cultivated in a day neither of them will forget. This buck was harvested on one of the farms that Andy and Damon worked hard to procure for the SADMC program. While Andy puts in a lot of time and effort into the SADMAC program he would like to thank Rob Shaefer for his a big part in getting the SADMC program off the ground, you never forget great people. This is a great story of how the hard work and dedication that we put into our sport pays off.

SA member Jim Monahan submitted this photo of his granddaughter.

My granddaughter Jocelynn’s, first deer and her first harvest with a bow. This button buck was taken at 10 yds. Perfect!

Congratulations to Mike, Jocelynn, and all of our other club members who were skilled (lucky) enough to harvest an animal this season. There are still a few days left so if you still have plans to go into the field good luck. As with our club, always think safety first, know your target and what’s beyond, wear your orange and make sure someone knows where you will be hunting & when you plan to return. We look forward to hearing your stories at the club.
Field Archery Committee

As you know, we've had a very enjoyable and successful Field Archery season in 2013. The awards will be presented at our next General Meeting in December. Two Suffolk Archers' won gold medals at the New Jersey Senior Games on October 6th. The Senior Games are opened to archers over 50 years of age. The picture shows Joe Pace on the left and Lew Barbera in the middle. The archer on the right is Joe Bauernfeind, President of Zenith Archery. See you all on the Field Course in April, 2014.

Tackle Tips

Hypothermia

One other thing that many hunters or Snow Flakers forget is Hypothermia. It can be a real problem in the cold. You've got to stay warm. Permanent stands on private property may help late season bow hunters bear the wind and cold. You can even set up a ground blind and take along one of those little silent heaters that have no odor and make no sound (just remember to stay down wind from the deer.) But either way you still need to be aware of the signs and take precautions.

Many archers may experience "muscle freeze" because of the cold, and may not even pull back their bow! So if you're too cold, breathing hard, or not feeling right, get out of the woods. No deer or shoot is worth your health – or, indeed, your life.

There is a lot you can do to maintain your core body temperature. A thermos of decaffeinated tea, hot cocoa or even plain hot water can help prevent dehydration, just remember no caffeine, which can pose a problem even during cold weather. Although people usually associate thirst with heat, it is important to stay hydrated especially in windy cold conditions that might dry you out unexpectedly.

Tips on staying warm outdoors

- Layer your clothing to be more adaptable.
- Use wool or microfiber fabrics which are thin but insulating
- Wear a knitted cap to keep your head warm
- Keep gloves handy for scoring and breaks
- Pack extra socks and warm, stable shoes
- Bring one or more chemical heat packs
- Stay hydrated with warm drinks

Wild Turkey Legs
(Mushroom & Milk Braised)

By David Draper, “Field & Stream”

Wild turkey legs are tough and sinewy, so you want to take your time, cooking them low, slow, and wet in a simple braise.

INGREDIENTS:

- 1 turkey leg
- 1 tbs. canola oil
- Minced garlic
- 1 medium onion, diced
- 2 celery stalks, diced
- Salt and pepper to taste
- 2 carrots, diced
- 2 cups sliced mushrooms (morels if you got them)
- 4 cups milk or any other liquid – stock, wine, water

DIRECTIONS:

1. Preheat oven to 275 degrees.
2. Heat oil in a Dutch oven over medium-high heat. Brown turkey leg in oil, about 3 to 4 minutes per side.
3. Remove turkey leg and add a bit of oil, if needed. Turn burner down to medium heat.
4. Add garlic, onion, celery, and carrots. Cook until onion softens 3 to 5 minutes.
5. Throw in a healthy pinch of salt, along with the mushrooms. Cook briefly.
6. Add milk and return turkey legs to pot, along with any accumulated juices. Turn a few times to coat.
7. Cover and transfer to oven. Let cook for 2 to 3 hours, flipping turkey leg halfway through.
8. When done, remove turkey leg from pot and shred meat from the bone using two forks.
9. Strain vegetables, reserving liquid. (Alternately, you could puree the mix with an immersion blender.) Return liquid to pot and reduce over medium heat. If necessary, thicken with a paste of 1 tablespoon game stock and 1 tablespoon cornstarch. If it's too thick, add stock until you get the desired consistency.

Hunter’s Pot

Wild Turkey Legs
(Mushroom & Milk Braised)

By David Draper, “Field & Stream”

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SUFFOLK ARCHERS

CLUB ELECTIONS

The clubs elections for the next year's Board will be held at the December 11th general meeting. You should have received your ballot in the mail by now. Please be sure to vote for a nominee for each position.

Get to know the Nominees

Editors' Note: All bios are as they were submitted by the nominee & only formatted slightly to fit.

President:

Hello everyone. My name is Jim Fream and I am running for Suffolk Archers President for 2014. It has been my pleasure to be on the Board in 2012 and President for this past year. My service to the club started long before that. I joined in 2000 and have always been very active. I started as many of you, participating in work days and assisting with shoots. Slowly over the years I became more involved. I was co-chairman of the Field Archery Committee for 5 years, I maintain the AED unit in the lodge as well as keep up its registration with NY State. I maintain the First Aide closed and assist with the running of the CPR and First Aides classes that we have at the club. I wrote the current “Guide for Running Shoots at Suffolk Archers” that is given to anyone who is going to be chairman of a shoot. These are just a few things that I have worked on over the years. I am especially proud of the work that has been done this past year by the sitting Board. This is a group of people with very different backgrounds who work very well together. We work late into the night at our meetings to put forward ideas that will benefit everyone in the club. It is easy to sound off about what you as an individual would like to do. It is an entirely different thing when you must take into account the greater good of all 500 members. I believe that everyone on the Board has contributed greatly this past year to the greater good for all of us. So when I am voting this year, I will be voting for people who can be members of a team and help to achieve even greater things in 2014. I hope that you will do the same, and I hope that you will vote for me so that I can continue as President for another year. Thank You.

Secretary

Hello all Suffolk archers members. My name is Nick J. Domingo. I am running for the secretary position for our club. I have been a member for 5 years in good standing. I am currently on the B.H.C. I assisted the boy scouts of America this past June in order for the scouts to obtain their merit badges. I have assisted as a range officer for the Mike Jones family day for the past 2 years. I am detailed, have excellent organizational skills and am very task oriented. My priority as secretary is to create more family oriented events and shooting events. My primary responsibility is to the general membership of Suffolk Archers. I want to create an open line of communication to the members of the club. Thank you for your time and consideration and see everyone at the polls.

Treasurer

Hello, I am ToniAnne Gorgone, your current Treasurer. I am running again for the opportunity to continue my efforts in managing our club’s finances. In the past year, I have maintained the books and records and prepared the financials on a monthly basis. I also maintain our Gmail account by answering or directing emails accordingly. I have taken on 2 projects this year: cleaning up the problems at hand with the club’s work hour’s procedures and re-creating the Suffolk Archers website (coming soon). I look forward to helping my club stay financially healthy. Thank you.

Board of Directors

I am Rich Berlin, the membership chairman of Suffolk Archers. Anyone who has joined the club after February 2012 knows me as the guy who signed you up. I offer myself as a candidate for an at large directorship on the 2014 Board of Directors.

I believe that I have the skills, leadership experience and temperament to be an asset to your Board of Directors and to ensure that the Suffolk Archers Organization continues on its positive trajectory.

I have worked tirelessly to build our membership. We are now at capacity for two successive years, a first for Suffolk Archers, and must now maintain a waiting list for aspiring archers. Having served our country in the US Navy, I eagerly serve as our liaison with the Veteran’s Administration, helping to set up an archery program for our wounded vets. I have spent over forty years in leadership in the construction industry. I humbly offer my candidacy for your consideration. I will appreciate your support. Thank you.

Paul Caleca

My name is Paul Caleca and I’m running for a seat on the Board for 2014. I have been involved in archery for 40 years and, like you, love the sport. I was born and raised in Queens and moved to Huntington in 2007. Our club at Suffolk Archers is truly a gift. Having served our country in the US Navy, I eagerly serve as our liaison with the Veteran’s Administration, helping to set up an archery program for our wounded vets. I have spent over forty years in leadership in the construction industry. I humbly offer my candidacy for your consideration. I will appreciate your support. Thank you.

Tom Carrella

I have been involved in club policy-making since 2008. In that time, I’ve held the office of Vice-President, President and currently serve the Board of Directors as event-coordinator. I’m proud to have served - at a time - when forward thinking has implemented so many positive changes at the club. Continuing with the current trend requires an open-minded approach to fresh ideas and progressive policies. Allow me to continue with that progress. I ask for your vote. — Tommy Carrella
Jack DiGirolamo

My name is Jack DiGirolamo I’m running for a position on our board of Directors because I care about this club. I want to see this club keep its “Traditions” and its “Core Values” We have a great club, and I want to see it remain that way. In the past I have been the Bow Hunting Committee Chair Person & have started and ran shoots such as the Annual Turkey Shot, the Sunday 3D Shoots that ran in conjunction with the field shots. Organized the Bow hunters Rendezvous, I started up the Broken Arrow Lease Program, ran SADMC for 2 years, and served on the Board of Directors for 1 year. I will serve this club as I always have. Thank you for your support in the past and now for the future — JD

Peter Donath

I have been a member of Suffolk Archers for three years during which time I have participated in SADMC, the range maintenance committee, the bow hunting committee and jamboree. I organized the cleanup of the range for fire wood and spearheaded the building of the broad head pit. I feel that due to my experiences and participation in the club I have found the pulse of the membership and the direction the members want the club to pursue. Therefore, I feel that I have the experience, the expertise and the time needed to fulfill the responsibility of sitting on the board of Suffolk Archers.

This year I was appointed Range Captain by the sitting board. I believe that if I were elected to the board of Suffolk Archers, my position as Range Captain would make it possible for me to act in a more timely fashion on the needs of the membership at large. In the future, I look forward to working on making the range safer and more user friendly by upgrading the steps, railings, all signage, and bathroom and kitchen facilities. If elected I look forward to getting input from, and working with, all of the members of Suffolk Archers.

Joe Lupo

I joined Suffolk Archers in the winter of 1994 and have been involved in Club government since 1997. During my 16 years of continuous service to Suffolk Archers and its members, I have held numerous positions, and was instrumental in implementing many of the improvements that you enjoy today, as well as assuring the day-to-day maintenance and operation of Suffolk Archers’ grounds and facilities. I owe my most heartfelt gratitude to the great many talented members, whose vision and dedication to the Club inspired me to work harder, and whose energy, skills and manpower turned our visions into reality. They deserve the real credit for making Suffolk Archers the outstanding organization it is today.

Among the most noteworthy improvements during my tenure are the revenue producing cell tower, which was the first step in allowing us the funds to begin the projects that followed, and the implementation of full-time 3D targets, which was the first step in growing membership to provide the funds to add and complete so many projects. Subsequently we instituted a marketing plan that presented the Suffolk Archers message to virtually every archer and bowhunter in the Long Island area. One of the first results of increased financial stability that followed was the end of the practice of charging members for participation in special events, such as tournaments and parties. These are now free to members, and more plentiful. In 2013, membership reached the maximum of 500 allowed by our charter, and there is already a waiting list for those wishing to become members. As a result, Suffolk Archers is able to self-fund all events and improvement projects.

When homes were built on our northeast perimeter, we planted 130 evergreen trees to provide a screen for our privacy and that of our new neighbors.

One of my visions for the club was a new lodge that would comfortably accommodate far more of our members than did the tiny pole building we huddled under for so many years. Thanks to the economic growth we had achieved, the commitment of a progressive Board of Directors, and the support of members, in January, 2009 The Suffolk Archers Lodge became a reality. Continuous improvements to our lodge have occurred, and as I write this, the new kitchen area is in being completed.

Around the time the Lodge was being built, secure egress to the Club went from difficult to easy. After years of being inconvenienced by the need to manually unlock, open, close, and relock the entrance gate, the automatic lift-arm gate, in the form of a giant arrow, was designed and installed.

Parallel to the lodge and entrance gate projects, we implemented a security camera system to help improve your safety. From the front gate to the storage trailers, and from inside and outside the lodge to the north practice range, video images are continuously being recorded. In 2012, a committee was formed to provide a plan to improve our north practice range. Almost 2000 square feet of usable new space has been added to create a rustic park-like environment that is enjoyed by everyone.

For those of you interested, below are the positions from which I have served Suffolk Archers.

- Member Since: 1994
- Range Captain: 1997 through present
- President: 1999-2001
- Board Member: 2001-2005
- Vice President: 2006-2007
- President: 2008-2009
- Board Member: 2010 through present

I now ask you to allow me to continue my service to our great club by voting for me when you receive your ballot for the upcoming election in December.

If you have questions, suggestions, or would like to discuss anything, please email me at bonedady76@aol.com, phone me at 516 526-2661, or speak to me at the range.

Best wishes to you and your loved ones for a Happy Holiday Season and a Healthy and Safe New Year.

— Joe
Ernie Oliviero

I am Ernie Oliviero and I am running for the board of directors. I have been a member of Suffolk Archers for the past four years. I served as your bow hunting chairman for the past year and I have been bow hunting for the past thirty years. I have many trophies to my credit.

If you’ve ever had ravioli at any of the club meetings then that was product produced by my company - Deer Park Ravioli - which I’ve owned for the past twenty five years. I’ve served on the board of directors for the Freshwater anglers of Long Island for the past twelve years. This is a seventy five year old club of which I was Vice President for two years and also served as President for two years. Therefore, I know what it takes to run a great club such as the Suffolk Archers.

If I am elected to the board I will do my best for the membership. Ask anyone who knows me and you will hear that I am always fair and balanced. You will always know where you stand with me.

I live in Dix Hills. When it’s not hunting season I am at the range with my bow doing target practice. “Shoot Straight!”

Bill Tuthill

Hello Fellow Members of Suffolk Archers,
My name is Bill Tuthill and I am running for a director seat in Suffolk Archers.

I am a 55 years old, retired NYC Firefighter and have been a member of Suffolk Archers since the late 1980’s. I first shot a bow with my family when I was 12 years old. I started bow hunting at the age of 16, although I didn’t take my first deer with the bow until 1988. Yes it was a long time, but I have to give credit to Suffolk Archers and the members that mentored me at the time for my success. Since then, I have grown in my hunting achievements as our website shows.

As a member of the Bow Hunter Committee during most of my membership, I’ve worked on Silver Arrow Shoots, Safari Shoots, Raccoon Shoots and the Bow Hunter Rendezvous (scent control), always trying to help fellow hunters and archers that ask for help. I am also a member of New York Bow Hunters for many years. I will do my best to keep our club going in the right direction and ask for your support in doing so.

Tom Voltz

I have been a member of Suffolk Archers since 1999, during which time I have seen the club change quite a bit. When I joined there were around 100 members and I hardly ever saw anyone down at the range during the week when I went down to shoot. Now you can count on meeting someone at the club almost any time you go. The first few years I just went down and practiced by myself or with my son and never really spoke with anyone else. Then I decided to try some of the shoots and found that they were a lot of fun and met a bunch of fellow archers who turned into friends. I mostly helped out on the work days and shoots for the first 10 years or so. If I happened to be at the range and there was some work going on, I would pitch in and give a hand. I remember going down to the Huntington town hall and supporting Sprint in their quest to put up the cell tower against a very vocal group of neighbors that really did not want it there. After the tower was put in, we started to have a good cash flow and went from having to pay $10 per shoot and buy food to shooting for free as a member and sometimes getting free food at the shoots. I was elected to the board of directors in 2011 and got more involved with the running of the club. There is a lot more going on than most people realize when you deal with the day to day trials and tribulations of a 500 member club using deadly weapons in a suburban setting. Many of the things we would like to see and do at the range are just not feasible because of town rules and safety concerns. Fun things such as throwing tomahawks and building fires on the range are not allowed due to insurance limitations and town ordinances. We all need to keep our eyes open and make sure that our fellow shooters are not doing anything that could cause us to lose our charter.

If I am reelected to the board, I will continue to work with the other members to keep our club strong, safe and fun. Let us not forget, the reason we all joined this archery club was to have a beautiful place to practice our sport and enjoy the company of fellow archers and friends.

Bob Watterson

Hi All! I’m Bob Watterson, a current Board Member. I have been in our club from the time you had to dig outhouses and bring your own tools to the Club property. I even had hair back then! As a member of Suffolk Archers I have run various committees including Knock A Block, 3-D and the Raccoon Shoot. For the past several years I’ve run the Silver Arrow Shoot.

I’ve represented Suffolk Archers at the NYS Conservation Council and have been the liaison with Region 1 of NYS DEC staff biologists reference deer questions, the Game Warden for bow hunting displays and the Wildlife Manager for season dates and access permits. I’ve had DEC come to our meetings for Q & A sessions.

I helped coordinate Suffolk Archers members for a counter-demonstration to an anti-hunting group’s demo that tried to stop bow hunting on Long Island. We were successful in defeating them and made the National News and TV showing our club in a positive light. The NYS Bow Hunters held a seminar at the Club after they read about how organized we were in our efforts to stop the anti-hunters!

I was nominated by Capt. Timothy Huss of the DEC and currently serve on the Suffolk Parks Sportsman Advisory Board as Bow Hunting Director. As such I represent our Club members for hunting access and development of new bow hunting areas in Suffolk County.

Recently I spent six days at our Club’s property with South Huntington Water District while the easement was being dug. I reviewed blueprints, attended their work meetings and checked that the pipeline was installed correctly and safely on our property.

All the years I have been in Suffolk Archers have been active ones. Whenever I have been approached by a member who had questions, concerns or wanted an idea brought before the board, big or small, whether I agreed or not, I made sure it was brought up at a Board Meeting.

Thank You for your support and I look forward continuing to serve the Club as a Board Member. — Bob Watterson
Traditional Woolen Garments made in America
www.classicsportsman.com

Boy Scout
Merit Badge Counselors Needed

The Pequott District (Located in Massapequa) is in need of Merit Badge Counselors. There district is short handed on counselors and could use help for the following Merit Badges:

- Archery
- Robotics
- Whitewater
- Composite Materials
- Shotgun Shooting
- Surveying Welding
- Model Design

If you are interested in helping out this great organization or have questions please contact Mr. Ken Levy, Pequott District Dean of Merit Badges at meritbadges@optimum.net

New at Smith Point Archery

Huge Christmas Sale

Save up to $300 on in-stock 2013 bows by Hoyt and Mathews. Element, Spyder, Prohawk and Creed are among the bows available at unbelievable savings!

Save up to $250 on Barnett Crossbows

Save up to $120 on treestands, Lone Wolf and Summit

Save 50% on all Scents and Scent dispensers

Please be sure to ask for “The Arrow discount” to get the best prices!

Smith Point Archery is proud to offer a LIFETIME SERVICE GUARANTEE on all new bow sales, along with free setup, fitting, 1yr shooting, and a lesson. With all those benefits and the Suffolk Archers discount, why go anywhere else!

Suffolk Archers always receive 10% off store merchandise and 5% off bows plus shoot for free!

LEAGUES FORMING NOW

Annual winter league starts Wed, January 8th. Call to sign up! This league is for anyone who can shoot 20 yards. It will be teams of 3-4, and it will be handicapped so archers of any ability can compete and win.

Youth league 8-17yrs, starts in early January on Friday nights. Limited to 50 spots, this league will surely fill up quickly. Open to kids of all levels, beginners will shoot 10yards, kid with more experience will shoot 20 yards. This league is handicapped to keep things fair for all. We will provide the equipment for kids who don’t have any.

Please remember
SMOKING IS NOT PERMITTED IN THE LODGE AT ANY TIME.

There is a $100 fine for violations.

The Editors of the Arrow would like to thank all of those who continuously contribute their time and efforts to make this publication possible. If you would like to submit an article, photo, or recipe in the upcoming year please email Josh at grnknight94@yahoo.com. Please put Suffolk Archers in the subject line of your e-mail.
The Arrow
PO Box 8087
Hicksville, NY 11802-8087

HAPPY HOLIDAYS
May you all enjoy this festive holiday season and have a happy & healthy NEW YEAR

Don’t miss our next GENERAL MEMBERSHIP MEETING
SUFFOLK ARCHERS LODGE
DECEMBER 11th, 2013